

# SICKNESS & ILLNESS POLICY



APRIL 2021

<b>This policy was adopted on</b>	<b>Signed on behalf of the nursery</b>	<b>Date for review</b>
September 2020	L Jessiman	September 2021
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**EVELINE DAY NURSERIES**

Head Office, 30 Ritherdon Road, Tooting SW17 8QD  
[info@evelinedaynursery.com](mailto:info@evelinedaynursery.com) 0208 672 7549



## Sickness and Illness Policy

At The Eveline Day Nurseries Ltd we promote the good health of all children attending including oral health by:

### Quick Guide

<b>Diarrhoea/Vomiting</b>	For a period of 48 hours following the cessation of the diarrhoea/vomiting
<b>Chicken Pox</b>	For five days from the onset or the rash. It is important that the spots have healed, crusted over
<b>German Measles (Rubella)</b>	For five days from the onset of the rash
<b>Impetigo</b>	Until lesions are crusted or healed
<b>Measles</b>	For five days from the onset of the rash
<b>Scabies</b>	Until treated but includes the treatment of all family members
<b>Scarlet Fever</b>	24 hours after starting antibiotic treatment. One to three days (Infective first 3 days of treatment)
<b>Mumps</b>	For five days from the onset of swollen glands

- For other infectious diseases please refer to the Guidance on Infection Control in Schools and other Childcare settings.
- Asking parents to keep children at home if they are unwell. If a child is unwell it is in their best interest to be in a home environment rather than at nursery with their peers.
- Whilst it is no longer a requirement to self-isolate if a child has Covid-19, it is still advised to stay at home and to avoid contact with other people. This helps us in reducing the risk of passing it on to other children and staff in the Nursery.
- Asking staff and other visitors not to attend the setting if they are unwell
- When medicine is administered to an unwell child to relieve symptoms and pain, it is difficult for us to monitor their symptoms and to assess if they are deteriorating and require medical attention. We take the responsibility of caring for children very seriously and no longer feel we can take correct action if we are unable to monitor symptoms and temperatures that may have been masked or reduced by Calpol and other pain relief.
- If a child develops a temperature whilst at nursery the nursery manager will call the parent to ask permission to give **Calpol** and request that they collect them immediately. The Calpol will only be given to reduce the risk



of febrile convulsion caused by a high temperature and/or to ensure the child isn't in unnecessary pain. The manager will ask that the parent collects the child as soon as possible as a sick child needs to be cared for at home.

- If a child is still too unwell to attend Nursery the Manager has the right to ask that child to be collected from Nursery
- Helping children to keep healthy by providing balanced and nutritious snacks, meals and drinks
- Minimising infection through our rigorous cleaning and hand washing processes (**see Infection Control Policy**)
- Ensuring children have regular access to the outdoors and having good ventilation inside
- Sharing information with parents about the importance of the vaccination programme for young children to help protect them and the wider society from communicable diseases
- Sharing information from the Department of Health that all children aged 6 months – 5 years should take a daily vitamin
- Having areas for rest and sleep, where required and sharing information about the importance of sleep and how many hours young children should be having.

### **Our procedures**

In order to take appropriate action of children who become ill and to minimise the spread of infection we implement the following procedures:

- If a child becomes ill during the nursery day, we contact their parent(s) and ask them to pick up their child as soon as possible. During this time we care for the child in a quiet, calm area with their key person, (wearing PPE) wherever possible
- We follow the guidance given to us by UK Health Security Agency for managing specific diseases and advice from our local health protection unit on exclusion times for specific illnesses, e.g. sickness and diarrhoea, measles and chicken pox, to protect other children in the Nursery
- Should a child have an infectious disease, such as sickness and diarrhoea, they must not return to nursery until they have been clear for at least 48 hours. We inform all parents if there is a contagious infection identified in the nursery, to enable them to spot the early signs of this illness. We thoroughly clean and sterilise all equipment and resources that may have come into contact with a contagious child to reduce the spread of infection
- We notify Ofsted as soon as possible and in all cases within 14 days of the incident where we have any child or staff member with food poisoning.
- We exclude all children on antibiotics for the first 48 hours of the course (unless this is part of an ongoing care plan to treat individual medical conditions e.g. asthma and the child is not unwell). It is important that children are not subjected to the rigours of the nursery day, which requires socialising



with other children and being part of a group setting, when they have first become ill and require a course of antibiotics

- We have the right to refuse admission to a child who is unwell. This decision will be taken by the manager on duty and is non-negotiable
- We make information/posters about head lice readily available and all parents are requested to regularly check their children's hair. If a parent finds that their child has head lice we would be grateful if they could inform the nursery so that other parents can be alerted to check their child's hair.

### **Meningitis procedure**

If a parent informs the nursery that their child has meningitis, the nursery manager will contact the Local Area Infection Control (IC) Nurse. The IC Nurse will give guidance and support in each individual case. If parents do not inform the nursery, we will be contacted directly by the IC Nurse and the appropriate support will be given. We will follow all guidance given and notify any of the appropriate authorities including Ofsted if necessary.

### **We will follow the transporting children to hospital procedure in any cases where children may need hospital treatment.**

The nursery manager or selected staff member must:

- Inform a member of the management team immediately
- Call 999 for an ambulance immediately if the sickness is severe. DO NOT attempt to transport the sick child in your own vehicle
- Follow the instructions from the 999 call-handler
- Whilst waiting for the ambulance, contact the parent(s) and arrange to meet them at the hospital
- Redeploy staff if necessary to ensure there is adequate staff deployment to care for the remaining children. This may mean temporarily grouping the children together
- Arrange for the most appropriate member of staff to accompany the child taking with them any relevant information such as registration forms, relevant medication sheets, medication and the child's comforter
- Remain calm at all times. Children who witness an accident may well be affected by it and may need lots of cuddles and reassurance. Staff may also require additional support following the accident.

If a child has an accident that may require hospital treatment but not an ambulance we may choose to transport children within staff vehicles and the following must apply:

- Request permission from parents



- Ratio requirements of the setting being maintained
- The age and height of the child, in regards to will they need a car seat.
- The transport being used is covered under business insurance on their vehicle
- Wherever possible and practicable it is advisable that transport is undertaken other than in private vehicles, with at least one additional driver acting as an escort.
- Staff ensure that the transport arrangements and the vehicle meet all legal requirements. They ensure that the vehicle is roadworthy and appropriately insured and the maximum capacity is not exceeded.

This policy will be reviewed at least annually in consultation with staff and parents and/or after a significant incident, e.g. serious illness/hospital visit required.